



MINISTRY OF HEALTH & MEDICAL SERVICES  
P O BOX 268  
BIKENIBEU  
TARAWA



Phone: 686 740 28100

email: [info@mhms.gov.ki](mailto:info@mhms.gov.ki)

Revised version 18/02/20

## HEALTH TRAVEL ADVISORY & RESTRICTIONS

### IN RELATION TO THE 2019 NOVEL CORONAVIRUS (2019-nCoV)

**All travelers FROM and TO KIRIBATI (Tarawa and Kiritimati) are advised to take note of the following:**

1. Citizens and residents of Kiribati who are planning to travel to areas and territories in countries with sustained transmission are recommended to avoid non-essential travel
2. In the event that travel cannot be postponed; preventive measures should be adhered to at all times.
3. In case of symptoms suggestive of acute respiratory illness before travel, travelers are encouraged to seek medical attention and advise about travel restrictions
4. In case of symptoms suggestive of acute respiratory illness during and after travel, travelers are encouraged to seek medical attention and share travel history with health care providers.
5. A Health Arrival Form is to be filled out and copies of e-tickets to be provided by all incoming travelers upon arrival to Kiribati through Tarawa and Kiritimati.
6. All incoming international travelers will be subjected to temperature check upon arrival to the international airports and seaports in Kiribati.
7. All Travelers from countries with ongoing local transmission<sup>1</sup> of novel coronavirus must spend at least 14 days<sup>2</sup> in a country free of the 2019-nCoV, and to provide a medical clearance to confirm and/or prove this coronavirus free status.
8. In the event that travelers arrive earlier than the required 14-day-period, health quarantine measures may be applied and deportation to the country of travel origin would be considered depending on the health status of the individual.

**THESE REQUIREMENTS WILL COME INTO FORCE EFFECTIVE IMMEDIATELY.**

**All travelers are required to comply with the required preventive measures.**

#### *PREVENTIVE MEASURES*

<sup>1</sup> Ongoing transmission in infected countries confirmed in line with WHO Sit Report

<sup>2</sup> 14 days calculated from the date of departure from the affected country. Day 14 arrival in Kiribati

At all times

- Avoid close contact with people suffering from acute respiratory infections
- People with symptoms of acute respiratory infection should practice cough etiquette (maintain distance, cover coughs and sneezes with disposable tissues or clothing and wash hands)
- Avoid contact with animals (alive or dead), visiting animal markets, and purchasing products that come from animals (such as uncooked meat).<sup>2</sup>
- Wash hands often with soap and clean water for at least 20 seconds. Use an alcohol-based hand sanitizer if soap and water are not available.
- Older travelers and those with underlying health issues may be at risk for more severe disease and should discuss travel to affected areas and territories with their health care provider.
- In order to minimize the risk of transmission, people travelling to the affected area should maintain good hand and personal hygiene.
- Travelers should seek medical attention if they develop respiratory symptoms within 14 days if visiting any other affected countries or countries with local transmissions, informing their health service prior to their attendance about their recent travel to the affected country.
- Self-Quarantine at home to minimize spread of infection

These measures are being undertaken to protect Kiribati from the introduction of this infection into our communities.

For more information contact **Mrs Kaaro Neeti** (Secretary, MHMS) on (686) 74028100 extension 202; or (686) 73072357 or Director of Public Health 73058772, or Deputy Director of Public Health 73007258

<b>Countries with confirmed local transmission of COVID 19 (novel coronavirus)</b>
1. Peoples Republic of China
2. Singapore
3. Japan
4. Republic of Korea
5. Malaysia
6. Viet Nam
7. Australia
8. Thailand
9. United States of America
10. Germany
11. France
12. The United Kingdom
13. Spain
14. United Arab Emirates
15. Egypt